Saying Sorry Flashcards

Sometimes we need to say sorry to someone. We might have upset or hurt someone and need to tell them and show them that we are sorry.

It can be hard to say sorry, however it is really important as it shows the other person that you have thought about your actions.

Here are some flashcards that show you how to say sorry. You can pick which idea you think works the best and use it when you next need to say sorry.

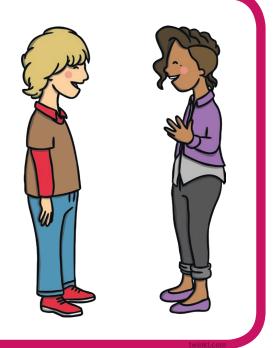
The flashcards can be cut out and put together as a little book which you can keep in your bag or pocket to use when you need them.

There are also some blank flashcards so you can add your own ideas in. You can draw or write your own ideas in the flashcard boxes.

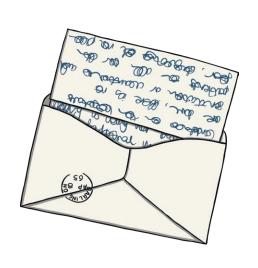




Walk up to the person, look at them and then say, "sorry".



Write them a letter to say how you feel and that you are sorry for what you did.



Make them a card to say sorry and give it to them.



Do something kind for them, such as make them a friendship bracelet or draw them a picture.



Show someone you are sorry by giving them a hug or shaking their hand.



My idea is

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